# Minute and Proposal 3<sup>rd</sup> Nov, 2018, 1<sup>st</sup> International Conference on e-Health and Tele-Health (ICEHAT) Business Meet for formation of International Committee of e-Health and Tele-Health (ICEHAT)

### Name of the attendees:

- 1) Prof. Guenter Burg
- 2) Prof. Gurmohan Singh
- 3) Prof. Shyam Sundar Pandey
- 4) Prof. Huiting Dong
- 5) Prof. Anil Kumar Jha
- 6) Prof. Ousmane Faye
- 7) Assoc. Prof. Shristi Shrestha
- 8) Assoc. Prof. Amanda Oakley
- 9) Asst. Prof. Dr. Victoria Williams
- 10) Dr. Pirkko Kouri
- 11) Dr. Christa Nahodil
- 12) Dr. Giovanni Damiani
- 13) Mrs. Beatrice Garrette
- 14) Mr. Rishee Prasad Sapkota
- 15) Mr. Bhagirath Tiwari
- 16) Ms. Maria Adele Sala
- 17) Ms. Perrine Legoullon
- 18) Dr. Juhani Kouri
- 19) Prof. Sudha Agrawal
- 20) Prof. Sabina Bhattarai
- 21) Dr. Smita Joshi
- 22) Dr. Sagar Mani Jha
- 23) Dr. Adarsh Kumar Jha
- 24) Mr. Michael Chand
- 25) Ms. Anu Gurung
- 26) Mr. Deo Bahadur Gurung
- 27) Mr. Chandreshwar Singh
- 28) Mr. Ram Prasad Pokharel
- 29) Mr. Laxman Raj Baral
- 30) Mr. Sanjay Jha
- 30) Mr. Rupesh Manandhar
- 31) Mr. Sagar Raj Dulal
- 32) Mr. Niranjan Kumar Sah

Note: Attendees Signature attached at annex-1.

Here are some of the most conspicuous comments made by various guest speakers and delegates during their address to the 1st ICEHAT!

1. Prof. Emeritus & Chairm. Dermatology, Dr. Günter Burg of Switzerland, Zürich, Switzerland, emphasized on developing some farsighted vision on ICEHAT activities in Nepal. "This is the 1st Conference on e-Health and Tele-Health and will have international impact" he said, and added that it was imperative to identify the conflict of interests of the group involved. He further said, "Here we are working together to learn from each other, collaborate and work". He also laid stress on the effective role of the media in disseminating information, building public relations, raising funds, also keeping in mind, factors like international relationships and even political contact on a personal level.

Note: Dr. Burg is also the International Guidance Counselor to DISHARC.

2. Prof. Emeritus, Dr. Gurmohan Singh of the National Academy of Medical Sciences, India, spoke about creating awareness in villages and surrounding areas, at the same time educating paramedics by adding nursing components. "Do not just limit to what Dermatologists advice" he said. He stressed on imparting health education in schools for the prevention of Derma diseases.

Note: Prof. Gurmohan Singh is the International Guidance Counselor to DISHARC.

- 3. Dr. Giovanni Damiani, MD & Founder, Young Dermatologist Italian Network, Italy, emphatically said, "The Congress was the start" and stressed on a strong interrelationship. He also spoke about organizing regular E-meetings, maintaining strong inter-action, establishing inter-generation relationship and the involvement of younger faces.
- 4. Mr. Bhagirath Tiwari, Pro Bono ICT Consultant (DISHARC & CHEST Nepal), opined that technologies were changing and hence, big challenges lay ahead, in order to cope with the ever changing technologies. "For collaboration and communication, we need ICT (Information, Communication & Technology), in order to reach out to the masses. We need to add entertainment, so that the public can gather information, which ultimately results in ICET (Information, Communication & Entertainment Technology)" he added.
- 5. Prof. Ousmane Faye, Faculty of Medicine and Odontostomatology, Bamako, Mali (West Africa), underlined that a vision should be set for meeting more people for more ideas. "Involve more people, besides Dermatologists, e.g. e-Technicians" he said.
- 6. Dr. Christa Nahodil, Member of the Society For Trauma Surgery, Austria & Member of Society For Foot And Ankle Surgery, German Austria, said, "Bring us together for this International Committee can bring Nepal to the 21st Century".

- 7. Dr. Pirkko Kouri, Vice President, International Society of Tele-Medicine and Tele-Health, Finland, said that the International Society for Tele-Medicine and e-Health (ISfTeH) was always ready to share experiences on databases. She expressed the view that becoming a member of ISfTeH "would do good to DISHARC."
- 8. Dr. Amanda Oakley, Dermatologist, University of Auckland, New Zealand, stressed on the need for DISHARC to reach out to other organizations providing Tele-Medicine in Nepal, e. g. SWINFEN in Khalte and Mudikuwa in Nepal.
- 9. Prof. Huiting Dong, Department of Dermatology, Zhengzhou University, China, was of the opinion that the newly-established International Committee of e-Health and Tele-Health (ICEHAT) "could blossom". Dr. Dong laid stress on a two-way communication of the ICEHAT members and added that funding of some committee meetings in each country was advisable. Group chats could also prove very effective she said.
- 10. Prof. Shyam Sundar Pandey, India, wished ICEHAT success. He added that ICEHAT had "like-minded people in its new venture." "People should be educated on preventive measures", he said.
- 11. Mrs. Beatrice Garrette, Executive Director, Fondation Pierre Fabre, France, said that the 1st ICEHAT was a real achievement in terms of gathering experts together. Experts should be included in conferences, in order to give exposure to their skills and knowledge. She also emphasized on using ICT and develop related models. Measures should be undertaken to include initiatives taken by other experts in their respective countries. "Nepal could be a good model for that" she said.
- 12. Dr. Shristi Shrestha, Consultant Dermatologist DISHARC, Vice-Principal of Nepal Medical College (NMC) & Chairperson of the 1st ICEHAT Scientific Committee, underscored the idea of learning from all the experts and accordingly execute the skills in the model in DISHARC. "The most important step at the initial phase would be to collaborate with SWINFEN & Dr. Christa Nahodil." she said.
- 13. Mr. Rishee Prasad Sapkota, Director DISHARC & Chairperson of the 1st ICEHAT Finance Committee, expressed his support to the Chairman of DISHARC, Prof. Dr. Anil Kumar Jha.
- 14. Dr. Victoria Williams, MD, Assistant Professor, University of Pennsylvania, Department of Dermatology, highlighted the significance of sharing experiences for "learning with each other". Group learning was the biggest benefit, she said.
- 15. Prof. Sudha Agrawal, MD. M. Phil. Department of Dermatology, B. P. Institute OF Health Sciences, Dharan, Nepal, underlined that public relations and awareness about the activities of ICEHAT was imperative, in order to enhance the image of DISHARC. International relationship, functional sustainability and the purpose of the Committee should be well-defined. Dr. Agrawal also suggested having a Director of the Committee and various sub-committees.

- 16. Prof. Sabina Bhattarai, Prof. of Dermatology, Kathmandu Medical College (KMC), Nepal, opined on empowering people in rural communities, introducing Diploma courses on e-Health, and the implementation of awareness programmes on the same with empowerment in mind.
- 17. Prof. Dr. Günter Burg stressed on making people in the village happy by means of a creation of a Media Centre, introducing training measures, in order to attract them. Media should be made accessible in those areas he said, adding that it would be a difficult task to disseminate information about the Committee's project. Hence, producing movies on the same could help alleviate those problems and bring positive results he said. "Start the project and make it acceptable", he reiterated.

Additional suggestions made by Prof. Günter Bürg:

Prof. Burg suggested an idea regarding the production of documentaries/ movies involving people from pilot villages and show them for encouragement to participate in future projects.

- 18. Dr. Adarsh Jha, Organizing Joint Secretary of ICEHAT 2018 said, "Different age groups of people in the group should execute different responsibilities". The conspicuous thing was to gain trust from the people. He also advocated the suggestion to develop mobile phones Apps for the purpose.
- 19. Dr. Pirkko Kouri put foot a suggestion to make videos of the on-going activities for public viewing.
- 20. Prof. Dr. Anil Kumar Jha, Chairman of DISHARC & Chairperson of the Organizing Committee of 1st ICEHAT, made a proposition to bring the International Committee of e-Health and Tele-Health under the DISHARC umbrella. Dr. Jha also declared about DISHARC bearing the expenditure of the 1st meeting of the International Committee on e-Health and Tele-Health (ICEHAT). Dr. Jha asked to assign job responsibilities to the individuals and the team, and correspond accordingly with a CC sent to everyone in the Committee.

In the discourse of the deliberations, Prof. Dr. Anil Kumar Jha, requested Mr. Michael Chand, Director of the DISHARC Media & Communication Department (DIMC) to think about how to proceed with the dissemination of information. Dr. Jha asked him to seek advice from the international experts on that.

Mr. Chand explained about his responsibilities and his accomplishments till date as Director of DIMC. His also explained about some of the activities going on in some pilot villages under his domain of media activities.

Protocol
Michael Chand
Director
DISHARC Media & Communication Department (DIMC)

# Proposed Executive body to make International Committee of e-Health and Tele-Health (ICEHAT) functioning.

- ICEHAT Guidance Counselor Prof. Guenter Burg, Switzerland

Prof. Gurmohan Singh, India

- President Prof. Anil Kumar Jha, Nepal

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Vice President
 Prof. Huiting Dong, China

Assoc. Prof. Amanda Oakley, New Zealand

Dr. Pirkko Kouri, Finland

- Secretary General Assoc.Prof. Shristi Shrestha,Nepal(Medical)

Mr. Bhagirath Tiwari, Nepal (IT)

- Joint Secretary Ms. Perrine Legoullon, France

Dr. Adarsh Kumar Jha, Nepal

- Executive Members Prof. Shyam Sundar Pandey, India

Prof. Ousmane Faye, Mali Prof. Sudha Agrawal, Nepal Prof. Sabina Bhattarai, Nepal Dr. Christa Nahodil, Austria

Asst. Prof. Dr. Victoria Williams, USA

Mrs. Beatrice Garrette, France Dr. Giovanni Damiani, Italy Dr. Sagar Mani Jha, Nepal Dr. Smita Joshi, Nepal Mr. Sanjay Jha, Nepal

Mr. Chandreshwor Singh, India

- Administrative Officiates Mr. Rishee Prasad Sapkota, Nepal

Mr. Rupesh Manandhar, Nepal Mr. Niranjan Kumar Sah, Nepal

- Media and Communication Officiate Mr. Michael Chand, Nepal

#### Note:

- 1) Please kindly send your consent those who have not yet consented, along with suggestions and advises if any, within remaining one week. It will be considered as a silent dissent if no reply is received within this week.
- 2) After one week the ICEHAT Executive Body will be confirmed.
- 3) After one week we shall start making the constitution of ICEHAT to be approved by the executive body.
- 4) Task forces will be formed with different sub-committees to make ICEHAT functional.

Sincerely,

International Committee of e-Health and Tele-Health (ICEHAT)

## Annex 1:

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